THREE STEPS TO COST-EFFECTIVE

HOME HEAT PROTECTION

Step 1: Plan ahead to keep cool

Do-it-yourself, \$0



Help vulnerable neighbours, family, friends prepare and arrange to check on them during heat events.



Sign up for heat alerts on your phone (e.g., <u>WeatherCan</u>).



Learn how to best use windows and doors to naturally ventilate your home, particularly at night.



Choose energy efficient lights and appliances that produce less "waste" heat.



Temporarily arrange to work or sleep in cooler rooms (e.g. basement).

Step 2: Complete simple upgrades

Do-it-yourself, for under \$250



Plant and maintain shade trees, especially along south, east and west facing walls.*



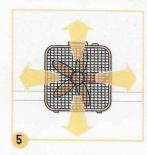
Grow plants climbing up your walls, and on decks and balconies.*



Improve home insulation and air tightness (e.g., draft strips).



Install blinds, heat-resistant curtains, or films on windows.



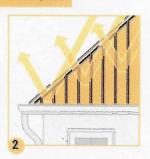
Use portable or ceiling fans that increase air circulation.

Step 3: Complete more complex upgrades

Work with a contractor, for over \$250



Convert paved areas to vegetation which absorbs less heat and more water.*



Install a green (vegetated) or reflective roof.*



Shade windows with outdoor shutters and awnings.



Install windows and doors that have a low Solar Heat Gain Coefficient (let less heat in).



Install and maintain a heat pump or air conditioning unit.

* Seek local advice on appropriate native species, and, in places at risk of wildfire, consider <u>FireSmart</u>TH <u>quidance</u>.





Scan the code or click the link for additional resources at www.intactcentre.ca

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